



Dental Myths DeBunked!

Wellness Forum



SMILE BRIGHTER in 2012!
Featuring: Dr. Peter Murchie



GOOCHLAND DENTISTRY
Family & Cosmetic

**115 Broad Street Road
Suite C
Manakin-Sabot, VA 23103**



**FREE
to the Public!**

**FREE
LITE LUNCH
Provided by
Silver Diner!**

**Thursday
February 9th
12:00 pm to 1:00 pm**

**Essex Building
4521 Highwoods Pkwy
Salons A and B**

**Must RSVP to attend:
RBurns@VAPhysicians.com**

Bring a Friend!

Innsbrook Wellness Committee provides an avenue of information by promoting fitness, nutrition and educational opportunities.