



Wellness Forums Presents:

# What's Up, Doc?

Featuring:

## Bon Secours Free Health Screenings and "Ask a Doctor"

Bon Secours  
Physician and Dietician  
available for questions



- Free BMI
- Free Blood Pressure
- Balance & Posture Testing
- Sleep Health Booth
- Neurology Info
- Heart Health Info
- Behavioral Health Info
- Cancer Services Info  
(including mammography)

**FREE Give-A-Ways...**  
**and so much more!**

**FREE**  
**to the Public!**  
(RSVP's required)



First 50 people registered  
will get a free  
Glucose screening!



**FREE**  
**Light snack Provided!**



Thursday  
March 8<sup>th</sup>  
12:00 pm to 1:00 pm



Markel Building  
4501 Highwoods Pkwy  
Carpenter A Room



RSVP to:  
[RBurns@VAPhysicians.com](mailto:RBurns@VAPhysicians.com)



Innsbrook Wellness Committee  
provides an avenue of information by  
promoting fitness, nutrition and  
educational opportunities.

