



**Featured
Relayers**



Free Pick-up Service Begins This Week!

Thanks to all who contacted us last week about our Richmond launch -- we now offer great food from 26 vendors, and our expanded [Richmond Free Pick-up Schedule](#) includes two Innsbrook sites!

- Monday 3pm-7pm at [the Markel Insurance](#) lot
- Friday's from 3pm-7pm at [Snag-a-Job](#)

Take the Plunge!

Right now, receive 10% off your next order -- just plug in the Relay coupon code: **PLUNGE**

Now in Season:



[Agriberry Farm
Berries!](#)

Relay, All Through the Day:

Morning

- [Blanchard's Dark as Dark Coffee](#)
- [Meadow Run Farm Local Large Brown Eggs](#)
- [The Butcher at Bon Air Sliced Slab Bacon](#)

Lunch

- [Karen's Homemade Salads: Delicious!](#)
- [Marshall Farms Natural Cheeses](#)
- [Montana Gold Bakery Bread](#)

Dinner

- [Meadow Green Farm Local Pork Chops](#)

Name that Cowbird?!



[Check out these
entries.](#)

**New Reusable Relay
Bag Coming!**

[Blanchard's
Coffee](#)

- [Salad Lettuce from Good Foods Grocery](#)
- [J. Emerson Wines's Chateau Segries Lirac Rouge](#)



[Email](#) us your fave!

Get Your Relay Sugar Baby Watermelon

Barry Wood, **Wood Ridge Farm** near Lovington, VA, is smack in the middle of harvesting his watermelon crop. Luscious and sweet, these volleyball-sized melons are not called **Sugar Babies** for nothing.

This week, we thought we would share the bounty: **With every Relay Foods order, we will include one of Barry's watermelons** -- just off the vine, straight from the field (while supplies last). Enjoy a wedge or two at your next picnic!

We look forward to serving you soon!

The Relay Team

Getting the Most Out of Relay: How it Works!



