



# 2017 Schedule

<i>Date</i>	<i>Speaker</i>	<i>Topic</i>	<i>Sponsor</i>
January 12	Jessi Culyer Arbonne	<i>Healthy Living from the Inside Out</i>	-
February 9	Patti Jackson American Cancer Society	<i>Stay Healthy America</i>	-
March 9	Mary F. Baker Cancer Survivor & Cancer Specialist	Colorectal Cancer: Preventable, Treatable, Beatable	-
April 13	Mary Wallace Founder and Health Coach at Mary Wallace Wellness	3 Secrets to Healthier Lunches	-
May 11	Charlene Eshleman Make Green Go Green	Toxicity and Safety of Household Products	-
June 8	Wellness Fair	-	-
July	Wellness Team Takes A Break		
August			
September 14	Srinivasa Tupurani Mediation & Meditation exercise	<i>Meditation</i>	-
October 12	Dr. Dennis Spurrier	<i>Integrating Exercise into Your Routine</i>	-
November 9	Panel FeedMore, Salvation Army & SPCA	TBA Stay Tuned!	-
December 14	Tina Thomas Alzheimer's Association	TBA Stay Tuned!	-